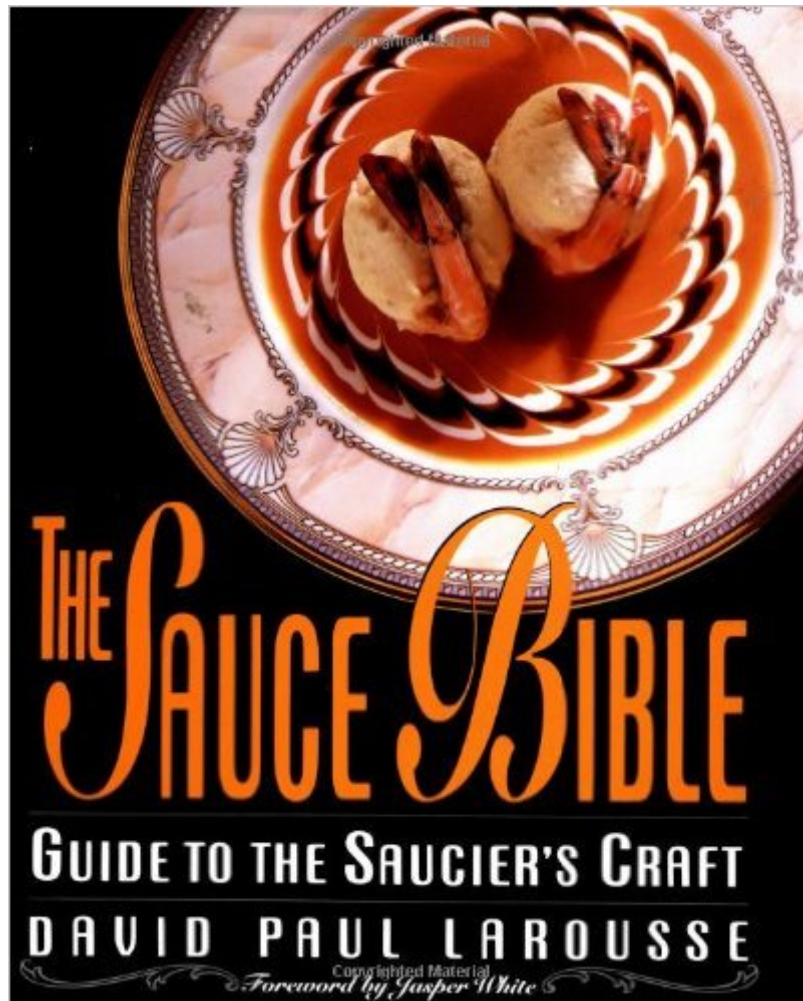


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# The Sauce Bible: Guide To The Saucier's Craft



## Synopsis

A complete contemporary reference on the subject of stocks and sauces, including complete instructions for creating ``arabesques'' of sauce paintings. Features anecdotes, miniature biographies regarding several major and minor contributors to modern cooking techniques as well as historical and linguistic references to specific dishes. Numerous sauces and accompaniments created by other culinary professionals are also included.

## Book Information

Hardcover: 400 pages

Publisher: Houghton Mifflin Harcourt; 1 edition (May 28, 1993)

Language: English

ISBN-10: 0471572284

ISBN-13: 978-0471572282

Product Dimensions: 8.5 x 1.2 x 10.2 inches

Shipping Weight: 2.3 pounds

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (30 customer reviews)

Best Sellers Rank: #512,926 in Books (See Top 100 in Books) #62 in [Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Garnishes](#) #93 in [Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Sauces & Toppings](#) #239 in [Books > Cookbooks, Food & Wine > Professional Cooking](#)

## Customer Reviews

‘The Sauce Bible’ by culinary educator, David Paul Larousse is one of those very few books you find which are specifically written for culinary professional. The first clue is the high list price of \$54.95. The second is that textbook specialist, John Wiley and Sons publish it. The third is the fact that the book began as an essay on sauce painting, which the average foodie will admire, but, to my knowledge, will virtually never try to reproduce. The fourth clue is that the quantities for many of the recipes are a lot larger than one would need for a dish for four or six. The fifth clue is the large amount of narrative and graphics devoted to explaining the relationships between members of the various sauce families, based on the famous French ‘mother sauces’. That is not to say the average cooking enthusiast couldn’t get something from this book. The biggest question is whether this book is better than the standard modern work in English, James Peterson’s ‘Sauces’. The very first comparison I did was on the two books’ treatments of ‘beurre blanc’ or white butter sauce commonly used for fish and often used as an exemplar of ‘nouvelle cuisine’ cooking, although the

recipe is much older than the 1970's. I think the treatment of this by the two different books is a good indication of the books' relative strengths and weaknesses. While Larousse has, by a very rough count, 480 recipes to Peterson's 350, Peterson gives more details on the techniques used for each individual recipe, while Larousse spends more time on general material. Peterson's recipe, with introduction and variations, takes up over three pages, including tips on saving the sauce for later use. Larousse' recipe for basic `beurre blanc' takes about half a page, although later recipes such as Bercy and Chambertin are variations.

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